

Hello and welcome to the Tri-Town Community Action Agency Behavioral Health Program!



Our counseling program
has been in existence for
over 30 years and we have
helped thousands of
people, just like you, to
overcome problems that
have been affecting them,
their families, and their
friends.

Your Rights

You have the right to be treated with care, consideration, and dignity; to receive services that are respectful of your values and beliefs; to be informed about and to participate in your treatment; to privacy and confidentiality of your personal information; to ask questions or to express a concern; to refuse services; to request a change of provider or clinician; and to receive services free of discrimination.

Your Responsibilities

You have the responsibility to keep and be on time for all your treatment appointments; to give 24 hours prior notification of any cancellation; to cooperate in treatment and to follow your specific treatment plan; to not be under the influence of alcohol or drugs while at Tri-Town; to not bring weapons or make any threats; and to conduct yourself in a manner that is safe and respectful.

Referrals are accepted on a statewide basis but priority is given to Johnston, North Providence, Smithfield, North Smithfield, Burrillville, and Glocester residents. All third party insurance including NHPRI and Rite Care accepted. Self-Pay and Sliding Scale Fee is available to all patients. No one is denied service, dependent on clinical capacity. Licensed by RI MHRH as an Outpatient Behavioral Healthcare Organization.

Hours

Monday - Thursday: 8:30 AM - 8:00 PM
Friday: 8:30 AM - 5 PM

Important Phone Numbers

Behavioral Health Intake/Screening Coordinator: 401-519-1936
Behavioral Health Scheduling & Main Number: 401-519-1940
Gateway for Psychiatric Emergencies: 401-553-1031
Call 911 for Emergencies



Tri-Town
Community Action Agency

1126 Hartford Avenue
Johnston, Rhode Island 02919
401-351-2750
www.tri-town.org



Tri-Town
Community Action Agency
Helping people. Changing lives.

Behavioral Health Program



Counseling

Your counseling services will be provided by a team of Independent Licensed Clinical Social Workers who are highly trained and experienced in a wide variety of behavioral health issues. We help individuals, couples, and families to build upon their strengths and to develop their problem-solving skills so that they can enjoy a better quality of life and more gratifying interpersonal relationships.

You can take comfort in the knowledge that you will receive treatment and support services using proven, best practice, state-of-the-art counseling approaches. We urge you to speak with any staff member about your treatment experiences. Let us know what works well, and if necessary, what you would like for us to do differently in the future. Our Board of Directors, Senior Leadership, and program staff wish you the best in all of your life endeavors!



Help is at your fingertips at Tri-Town Community Action Agency's Behavioral Health Department.
You can achieve your goals!

What To Expect

The first step of treatment is to complete an initial phone screen to help us evaluate whether or not our program can meet your current treatment needs. We will then work together to complete a thorough assessment. With the information that you provided in the assessment, we will determine together what your strengths and treatment needs are. After that we will develop a treatment plan which will describe the steps that you and your counselor will take to meet your treatment goals.

Individual, family, couples, and group counseling including:

- Substance Abuse Outpatient Counseling and Treatment
- Mental Health Counseling and Treatment
 - ADHD
 - Anxiety
 - Depression
 - Women's issues
 - Geriatric issues
 - Trauma
 - Gay & Lesbian issues
 - Parenting
 - Relationships
- Family Therapy
- Behavioral / Conduct Problems

Groups

Groups meet regularly throughout the year. For more information on current programs call 401-519-1936.

Anger Management
Parenting Your Teenager
Young Mothers
Grandparents Raising Grandchildren
Mean Girl Impact
Substance Abuse - Adults
Women Coping with Mental Health Issues
Women Coping with Relationship Issues
Depressed & Unemployed
Other groups may be offered. Please inquire.