

August 2010

Diabetes Education Program at Tri-Town Health Center Receives ADA Recognition

The Tri-Town Community Action Agency's Certified Diabetes Self Management Education Program in Johnston, RI has been awarded the prestigious American Diabetes Association Education Recognition Certificate for a quality diabetes self management education program.



Recognition from the American Diabetes Association as a Program of Excellence assures that the program offers high quality diabetes education to Tri-Town patients and others in the community living with diabetes.

The ADA Education Recognition Certification effort is a voluntary process which demonstrates that approved programs have met all the national standards for diabetes self management education. All applications receive a rigorous and thorough review. Programs that achieve recognition status must have a staff of knowledgeable health professionals who can provide state of the art information about diabetes management for participants. Education Recognition status is awarded for a four year period.



The Tri-Town program is coordinated by Linnea Turgeon who is a Certified Diabetes Educator, and a Registered and Licensed Dietitian. She interned at Yale New Haven Hospital and has twenty-five years experience in nutrition education, medical nutrition therapy, and assessment of people with diabetes and other chronic diseases.

Diabetes self management education is an essential component of diabetes

treatment. All participants who attend an ADA Recognized Program are taught self care skills that promote better management of his or her diabetes treatment. All approved education programs cover the following topics: diabetes disease process, nutritional management, physical activity, medications, monitoring your blood sugar, prevention detecting and treating acute and chronic complications, goal setting, problem solving, psychological adjustment and if needed pre-conception care, management during pregnancy and gestational diabetes.

Through the support of the health care team and increased knowledge of awareness of diabetes, the patient can assume a major role in the responsibility for his/her diabetes management. Unnecessary hospital admissions and development of the acute and chronic complications of diabetes may be prevented through self management education.

This recognition is evidence of the commitment of the entire organization at Tri-Town Community Action Agency to providing an environment whereby high standards can be met. The recognition status also gives consumers a way to identify high quality programs and know that they will be receiving quality services.

- For more information contact:

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Visit our website at
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Thank you.

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